

Mental health and spiritual care



WHAT WORKS?
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summary

Who are we?

What seems to work?

Critical issues

What escapes us?

Professionalism

Finally



Who are we?



- 1 male, 9 female
 - Diversity in spiritual background
 - Meetings: 5 days/year
 - Each writes 2 cases in format CSP
 - What works? What puzzles?
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- We are questioning, reading, writing
 - We are connected, joyful, trustful



Angels and
demons;
MC Escher



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What seems to work?



- No judging
- Take care
- Rituals
- Art, Literature
- Endure



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I am...

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Critical issues



- To be near
- To change, or not to change
- Body of knowledge
- Eclectic working
- Narratives



The Bull, Picasso



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What escapes us?



- Nikè of Samothrake,
Louvre, Paris

...Whatever works is not
completely in our hands



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Critical issues

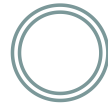
What escapes us?

I am ...

Finale



Consequences of participating in SCP



- Recognition of similar ways of working
- Feeling more firm, more convinced
- Selfexploration
- Connections with recovery vision
- Excitement
- Modesty
- Why keep us in business?



- Rembrandt, Self portrait, Rijksmuseum Amsterdam



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Sun in an empty room,
Edward Hopper

- Spiritual caretaking should never be reduced to a list of active ingredients
- Spiritual caretaking must keep an open window for the unexpected